

THE HOUSE CLEANING CHECKLIST



This handy checklist is all you need to track the tasks in your weekly, monthly, seasonal and yearly house cleaning routines.

Once Every Week

- Do the laundry.
- Change and launder used bedding.
- Dust all visible household surfaces.
- Sanitize high-touch surfaces including light switches, handrails and remote controls.
- Vacuum floors and furniture upholstery.
- Properly dispose of any expired food.
- Wipe down kitchen surfaces and appliances with Pine-Sol® Original.*
- Mop kitchen floor with Pine-Sol®.
- Clean mirrors and windows.
- Scrub bathroom surfaces with Pine-Sol® Original.*
- Mop bathroom floor with Pine-Sol® Original.*
- Use Pine-Sol® Original dilution in a spray bottle to disinfect sinks and tubs.*
- Splash a bit of your Pine-Sol® down your kitchen drain to refresh the garbage disposal.
- Sanitize cleaning supplies including sponges, buckets and brushes.

Once Every Month

- Vacuum out vents, baseboards, woodwork and other hard-to-reach areas.
- Dust and clean light and ceiling fixtures.

Once Every Month continued

- Dust blinds
- Clean and sanitize the dishwasher, laundry machines and vacuum cleaner.

Once Every Season

- Clean the range hood.
- Wash and sanitize shower curtain liners with Pine-Sol® Original.*
- Clean under and behind heavy furniture.
- Clean and sanitize patio surfaces and furniture.
- Vacuum mattresses.
- Descale coffee makers and hot water dispensers.
- Freshen drains and garbage disposal.
- Clean the inside of your oven.
- Clean out the freezer.
- Wash the car, inside and out.

Once Every Year

- Clean out the chimney and fireplace.
- Deep clean carpets and upholstery.
- Clean drapes and curtains.
- Clear out the gutters.

*For disinfection, use full strength or mix 1 cup per 1/2 gallon of water and apply on hard, nonporous surfaces with a clean sponge or cloth. Allow surface to remain visibly wet for 10 minutes, then rinse. For visibly soiled surfaces, preclean surfaces before disinfecting. To ensure stability, prepare solutions daily.